## HERSH SANDHOO AND SAMUEL SCOTT BIOGRAPHY AND FACT SHEET

Hersh Sandhoo and Samuel Scott are recognized internationally as leading experts on women's personal safety with over 50 years of combined martial arts training. They have taught self-defense and defensive tactics to corporations, security firms, law enforcement, college organizations, government agencies and thousands of people worldwide. Samuel is also a veteran correctional officer of 14.5 years as part of an emergency response team, the 1996 Blackbelt Hall of Fame's Instructor of the Year, the 1992 Gold Medal winner of the International Police Olympics and author of *Women's Personal Safety 101*. Both Hersh and Samuel are certified executive protection specialists.

Being the founders and executive directors of Elite Personal Safety Systems they are on a mission to end violence against women and have made numerous appearances in the media, including WUSA Channel 9 News, Fox 5 News, NBC4 Health Expo, Gazette, Prince George's Journal, Afro-American, BET Heart & Soul, WHUR 96.3 Radio, WPFW Radio (89.3), WNEW Radio (99.1), Martial Arts Professional Magazine and hosted the award winning *The Self Defense Forum* cable program.

Creators of the Defender Safety Keychain DVD series, they have developed a highly effective self-defense system to teach women how to protect themselves from the most common attacks used by street predators, which can be learned in just one training session.

The duo makes a dynamic team and their combined interview style is captivating to interviewer and audience alike. But most importantly, they are sought out simply because their techniques work and are easy to learn. Their personal safety workshops and DVDs have had a huge impact on the community and saved lives:

"I was walking in a parking lot late at night when I was grabbed from behind. Instinctively I was able to use the Defender that was attached to my key ring to strike my attacker in the face and was able to run into a store for help. The Defender keychain saved my life! I later found out that my attacker had left his car running and was likely trying to kidnap me. I highly recommend the Defender and Elite Personal Safety Systems to everyone." - Benita Gardner

"I would like to express my appreciation for the self-defense training workshops you hosted for us during our fall retreat. We found your techniques to avoid becoming victims of crime, as well as how to defend ourselves, invaluable. We learned so much and really enjoyed ourselves in the process. Know that you are welcome to return anytime. We are looking forward to it!" - L. Germaine Cheatham, Event Coordinator AKA / Director of Admissions DE State Univ.

"The Diversity Committee would like to thank you for the outstanding presentation. Attendees found the information on self-defense and crime awareness to be very valuable and useful. I am especially pleased your group took time to educate our employees on what a predator looks for, how to prepare for a real-life confrontation and how to effectively defend themselves. It is easy to see that you and your group have a true gift for educating others in self-defense and crime awareness. Thank you again for making our workshop series such a great success!" - Lori L. Hill, Diversity Program Manager, Department of the Navy

"Thank you for your assistance at the Washington Times 25th Anniversary Banquet last Thursday May 17th at the National Building Museum. The featured speakers for the evening included former President George Bush (41) and the papers founder, the Rev. Sun Myung Moon, and your assistance with their security details was noted by the lead advance Secret Service Agent, the Detail Leader of the Founder, as well as the Director of Security for the Times." - Jerry Heying, CPP, PPS, President and CEO, International Protective Service Agency

Hersh and Samuel have also created the world's largest free online personal safety community for women. The Women's Personal Safety Network provides access to exclusive articles, safety resources, certified instructors, safety tips, and videos on topics of safety and empowerment.

Hersh and Samuel are always happy to discuss ways to slant a particular story or interview to suit a specific audience or topic. They are just as comfortable talking about a host of topics on home, vehicle, child, teen, dating, online and college safety, such as bullying and social media safety, as talking about women's personal safety.